

NSW RACE WALKING CLUB

Check out the Website: www.nswracewalkingclub.com

Established 1911



The RACEWALKER 27th April, 2024

Welcome to the New South Wales Race Walking Club Inc.

Last Saturday afternoon at Chipping Norton we had **14 more walkers** join our club which was a great number as it was the middle Saturday of the school holidays plus not the best weather.

This **Racewalker** is our weekly newsheet and will contain the previous week's results and news. It is FREE and when you enter each Saturday at the table for your race you can collect your copy, or download it from our website during the week.



Please check out our website www.nswracewalkingclub.com as well as join our Facebook page "NSW Race Walking Club Inc" which is a great place to keep in touch with what's happening. When joining our Facebook group page please answer the Facebook questions and agree to the rules for NSWRC's page.

Upcoming Events

* **Saturday 4th May, No club competition**

* **Sunday 5th May – NSW Athletics Short Walks at The Armory, Newington, Sydney Olympic Park**

Entries close on midday on Wednesday 1st May at <https://www.nswathletics.org.au/events/> if you require assistance please contact competitions@nswathletics.org.au or phone: 02 9746-1122. This is the first of 3 State Championships for members of both Little Athletics NSW or Athletics NSW who are registered for the 2023-2024 season. All information is available on their website, <https://www.nswathletics.org.au/events/>.

* **Saturday May 11th at Chipping Norton** is the Kevin Stone Memorial Nepean Open. This event is sponsored by **Nepean Athletics Club**. Awards will

be presented to the Fastest Female and Fastest Male and 1st, 2nd and 3rd combined handicap winners in each division. To be eligible for these awards competitors must have successfully competed in their nominated division on 2 prior occasions. Winners of a Fastest award cannot win a Handicap award. Just remember to wear your NSWRC uniform.

* **Saturdays 18th and 25th May** - Club competition at Chipping Norton

* **Saturday 1st June – NSW Athletics Team Walks at The Armory, Newington, Sydney Olympic Park**

Entries close midday on Wednesday 29th May at <https://www.nswathletics.org.au/events/> if you require assistance please contact competitions@nswathletics.org.au or phone: 02 9746-1122. This is the second of 3 State Championships for members of both Little Athletics NSW or Athletics NSW who are registered for the 2023-2024 season. All information is available on their website, see above.

* **Sunday 9th June** at Mt. Stromlo, Canberra is the first Race Walking Federation event. Entries are the responsibility of each walker but NSWRC would like you to tell us when you have entered and for what event, as there are also team events included for most races that require 3x NSWRC Members to make a team.

As you will see the ACT Race Walking Club require helpers to conduct this Federation event, so we hope the majority of our members will help. They have asked if you anticipate attending the dinner on Sunday night that you indicate on your entry how many people will attend, but please do this only once per family.

Go to <http://1.40.39.42:8183/> to read the entire **Canberra Federation – Lake Burley Griffin Walking Carnival** information. Entries are now OPEN and will **CLOSE at 5pm Wednesday 22nd May 2024**. Late Entries will close at 5pm Wednesday 29th May 2024. Late Entries will be charged an additional \$20 per event.

RESULTS from 20/04/24 CHIPPING NORTON

LONG 12KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Brendan	Pospischil	71.45		

MEDIUM 10KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Aidan	Pospischil	66.56		

SHORT 5KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Sophie	Polkinghorne	26.05		
2	Matilda	Webb	28.28		
3	Matilda	Olson	28.34		
4	Emma	Hoskins	29.23		
5	Nicolle	Challinor	42.00		

U/16 4KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Christopher	Nilon	22.42		
INV	Daniela	Samuel	23.13		
2	Lilly	Twigden	27.20		
3	Scarlett	McGraw	27.42		
4	Ashleigh	Farrugia	28.52		
5	Alexander	Wenzel	29.38		

U/14 2KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Nate	Appleyard	10.19		
2	Mitchell	McCarthy	10.31		
3	Noah	Vella	11.15		
4	Sagan	Jones	11.59		
5	Madeline	Kot	12.19		
6	Alexander	Dennett	13.16		
7	Luca	Barakat	16.48		

U/12 1.5KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Avia	Luketic	7.53		
2	Addison	Fahey	8.36		
3	Beth	Cochrane	8.38		
4	Addison	Jenkins	9.26		
5	Milana	Sorokin	9.37		
6	Caitlin	Allum	9.38		
7	Veronica	Dennett	9.52		
8	Chloe	Farrugia	9.53		
9	Hugo	Sociliano	10.20		
10	Harlow	Olson	10.23		
11	Amelie	Barakat	12.43		

U/10 0.75KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Kostya	Peart	5.08		
2	Katie	Meakins	5.28		
3	James	Barakat	7.16		