

# NSW RACE WALKING CLUB

Check out the Website: [www.nswracewalkingclub.com](http://www.nswracewalkingclub.com)

Established 1911



## The RACEWALKER 29<sup>th</sup> June, 2024

Good afternoon all, hopefully when you are reading this Racewalker it will be good weather unlike last Saturday in the cool wind and the predicted rain that afternoon.

**Birthdays:** we want to wish **Heather Mitchell** and **Jennie Rutter** who are celebrating their birthdays, yesterday and on Sunday, the very best.

**Last Saturday 22<sup>nd</sup> June** was an interesting weather day where we had 25 competitors who ventured out in the weather with their parents to compete at Chipping Norton.

**Saturday 20<sup>th</sup> July** is the **Winston Hills Little Athletics Centre's Open Day** at Chipping Norton. We now look forward to the day where the Little Athletics Centre will sponsor the Open Day. Just remember that you need to have successfully competed in your nominated Division on at least 3 NSWRCW Competition Days prior to the event (not including NSW Athletics State Championships or Canberra Federation Event). Winners of a Fastest award cannot win a Handicap award.

**Saturday 27<sup>th</sup> July** is the Postal Challenge day. It is conducted by Racewalking Australia and is a RWA club versus club competition with points being awarded within each race to the top finisher for each club. We compete against clubs from all of the 10 interstate clubs in our Walking Federation. We look forward to dominating this event as we did in Canberra. As it is an Australia wide competition it takes a few weeks for every RWA Club to send in their results and then the winning Club to be declared!

We look forward to everyone's involvement as the more walkers who compete the better our overall results will be and apart from that it is a normal weekend of competition with points being allocated for fastest and handicap. NO registration or entry fee is required for this event!

**Saturday 27<sup>th</sup> July** is the last day for our pointscore as it finishes at the conclusion of competition on this day.

**CONGRATULATIONS** to **Kirsten Crocker** on **being selected as a Walk Judge Official for the Paris Olympics!** There are only two other Australian Athletic Officials selected to officiate at these Games.



Kirsten has moved up the ranks from officiating at Athletics NSW Championships to Australian Championships, to Oceania Championships, to U20 World Championships in Finland, to Youth Olympic Games in Buenos Aires, to Commonwealth Games on the Gold Coast & Birmingham, to Olympic Games Trials in China, to World Athletics Championships in Doha and Oregon. Her expertise and dedication has now provided her with the opportunity to officiate at the Olympics!

The NSWRCW wishes her the very best for the Olympic Games!

## 22/06/24 CHIPPING NORTON

### LONG 10KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Brendan	Pospischil	58.32	45.42	1
2	Ciara	Cassilles	66.39	53.21	2

### SHORT 4KM

Place	Name		Finish Time	H'cap Time	H'cap Place
INV	Aidan	Pospischil	23.20	-	-
1	Erin	Cassilles	24.07	18.46	3
2	Laura	Sotomayor	25.34	17.18	-
3	Nicolle	Challinor	35.45	19.42	4
4	Jodie	Barakat	35.46	-	-
5	Emily	Challinor	37.16	17.35	1
5	Sarah	Challinor	37.16	17.35	1

### U/16 3KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Christopher	Nilon	17.29	14.11	2
2	Ashleigh	Farrugia	19.53	14.09	1
3	Lilly	Twigden	21.32	14.19	3

### U/14 3KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Sagan	Jones	17.35	15.28	4
2	Hannah	Hewitt	18.11	15.28	4
3	Madeline	Kot	18.43	15.19	3
4	Ivy	Murray	19.09	14.46	2
5	Alexander	Dennett	20.19	16.05	6
6	Luca	Barakat	23.23	14.45	1

### U/12 2KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Beth	Cochrane	11.51	9.42	4
2	Veronica	Dennett	12.27	8.46	2
3	Addison	Jenkins	12.28	8.19	1
4	Amelie	Barakat	17.27	9.03	3

### U/10 1KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Kostya	Peart	6.20	4.17	1
2	Nasrin	Hewitt	6.21	4.24	2
3	James	Barakat	9.55	4.48	3