

NSW RACE WALKING CLUB

Check out the Website: www.nswracewalkingclub.com

Established 1911



The RACEWALKER *6th July, 2024*

Is it raining or is it sunny? When you are reading this you will know, but once again we have had a week of very mixed weather.

Today 6th July we have available our final programme for the remainder of our season and of course it is also on our website.

Next Saturday 13th July we have club competition here at Chipping Norton.

Saturday 20th July is the **Winston Hills Little Athletics Centre's Open Day** at Chipping Norton. This is the competition day where the Winston Hills Little Athletics Centre is sponsoring the Open Day. Just remember that you need to have successfully competed in your nominated Division on at least 3 NSW RWC club competition days prior to the event (not including NSW Athletics State Championships or Canberra Federation). Winner of a Fastest award cannot win a Handicap award.

Saturday 27th July is the **Postal Challenge** day. It is when each Race walking club in Australia (8) competes against each other over the same distances and age groups. We send our results in to Race Walking Australia and later we find out who is the winning club. Distances are in our programme. Our club pointscore still operates on this event. We hope we have all our members competing on the 27th. No registration or entry fee is required. Our club pointscore finishes on that afternoon.

Saturday 3rd August – is our **Club Championships** and medals for 1st, 2nd, 3rd male and female fastest in each division, plus medals for 1st, 2nd and 3rd Combined handicap winners in each division will be presented. Winners of a Fastest medal cannot win a Handicap award. To be eligible for these Championships walkers must have competed in their nominated division in a combined total of 50% of events, including the Nepean Open Day and the June Canberra Federation. The 2 NSW Athletics do not count towards qualification.

Saturday 10th August is our Presentation Day here at Chipping Norton.

Saturday 17th August there is no competition.

Sunday 18th August is the NSW Long Walks here at Chipping Norton. Online entries close on Wednesday 14th August with Athletics NSW. All information on their website.

SUNDAY 25TH AUGUST IS THE MELBOURNE FEDERATION. Entries close 11th August. All information is in our final programme.

CONGRATULATIONS to **Kirsten Crocker** on being **selected as a Walk Judge Official for the Paris Olympics!** There are only two other Australian Athletic Officials selected to officiate at these Games.



Kirsten has moved up the ranks from officiating at Athletics NSW Championships to Australian Championships, to Oceania Championships, to U20 World Championships in Finland, to Youth Olympic Games in Buenos Aires, to Commonwealth Games on the Gold Coast & Birmingham, to Olympic Games Trials in China, to World Athletics Championships in Doha and Oregon. Her expertise and dedication has now provided her with the opportunity to officiate at the Olympics!

The NSW RWC wishes her the very best for the Olympic Games!

29/06/24 CHIPPING NORTON

LONG 12KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Joel	Byatt	61.33		

MEDIUM 10KM

Place	Name		Finish Time	H'cap Time	H'cap Place
INV	Brendan	Pospischil	57.42	-	-
1	Aidan	Pospischil	66.03	43.32	1
2	Jessey	Bektas	67.32	47.12	2

SHORT 5KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Matilda	Webb	25.36	-	-
2	Sophie	Polkinghorne	25.55	21.50	3
INV	Ciara	Cassilles	28.04	-	-
3	Jessica	Loring	28.04	-	-
4	Danielia	Samuel	29.52	-	-
5	Matilda	Olson	30.29	23.55	6
6	Laura	Sotomayor	31.47	20.14	1
7	Carmel	Parker	36.46	20.55	2
8	Nicolle	Challinor	44.37	25.27	7
9	Emily	Challinor	49.34	23.48	4
9	Sarah	Challinor	49.34	23.48	4
DNF	Isabelle	Nilon	DNF		

U/16 4KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Christopher	Nilon	24.07	19.37	2
2	Lilly	Twigden	26.25	19.12	1
3	Ashleigh	Farrugia	27.33	21.58	3

U/14 2KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Nate	Appleyard	10.17	9.18	5
2	Noah	Vella	10.38	9.35	6
3	Ashleigh	Mansell	10.43	10.43	8
4	Sagan	Jones	10.59	9.11	4
5	Sienna	Wade	11.07	8.26	2
6	Hannah	Hewitt	11.13	8.59	3
7	Madeline	Kot	11.45	9.39	7
8	Alexander	Dennett	11.48	7.54	1
9	Bently	Luketic	12.23	-	-
10	Luca	Barakat	17.06	10.51	9

U/12 1.5KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Avia	Luketic	7.40	6.55	3
2	Stella	Wade	7.58	6.41	1
3	Veronica	Dennett	9.13	7.01	4
4	Addison	Jenkins	9.14	6.48	2
5	Chloe	Farrugia	10.08	7.15	5
6	Milana	Sorokin	10.35	7.58	7
7	Amelie	Barakat	13.25	7.42	6

U/10 0.75KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Daniel	Smart	4.34	3.35	4
2	Kostya	Peart	4.58	3.13	2
3	Nasrin	Hewitt	5.01	2.59	1
4	Huxley	Jones	6.15	3.36	5
5	James	Barakat	7.07	3.14	3