

# NSW RACE WALKING CLUB

Check out the Website: [www.nswracewalkingclub.com](http://www.nswracewalkingclub.com)

Established 1911



## The RACEWALKER *13<sup>th</sup> July, 2024*

**Today Saturday 13<sup>th</sup> July** we have club competition here at Chipping Norton, hopefully it is a rain free afternoon.

**Next Saturday 20<sup>th</sup> July** is the Winston Hills Little Athletics Centre's Open Day at Chipping Norton. This is the competition day where the **Winston Hills Little Athletics Centre** is sponsoring the Open Day. Just remember that you need to have successfully competed in your nominated Division on **at least 3** NSW RWC club competition days prior to the event (not including NSW Athletics State Championships or Canberra Federation). Winner of a Fastest award cannot win a Handicap award.

**Saturday 27<sup>th</sup> July** is the Postal Challenge day. It is when each Race walking club in Australia (8) competes against each other over the same distances and age groups. We send our results in to Race Walking Australia and later we find out who is the winning club. Distances are in our programme. Our club pointscore still operates on this event. We hope we have all our members competing on the 27<sup>th</sup>. No prior registration or entry fee is required. Our club pointscore finishes at the conclusion of that afternoon.

**Saturday 3<sup>rd</sup> August** – is our **Club Championships** and medals for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> male and female fastest in each division, plus medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Combined handicap winners in each division will be presented. Winners of a Fastest medal cannot win a Handicap award. To be eligible for these Championships walkers must have competed in their nominated division in a combined total of 50% of events, including the Nepean Open Day and the June Canberra Federation. The 2 NSW Athletics Championships do not count towards qualification.

**Saturday 10<sup>th</sup> August** is our Presentation Day here at Chipping Norton, starting with a bar-b-que at 1.30pm and the Presentation at 2.00pm. To be eligible for a trophy in the Under 10, 12, 14 and 16 year divisions or an Award in the Long, Medium and Short divisions they must have competed in their nominated division in a combined total of 50% of events, including Open Days and June Canberra Federation from the start of the season. NSW Athletics Championships do not count towards qualification. A competitor can only be eligible for awards in one division.

**Saturday 17<sup>th</sup> August** there is no competition.

**Sunday 18<sup>th</sup> August** is the NSW Long Walks here at Chipping Norton. Online entries close on Wednesday 14<sup>th</sup> August with Athletics NSW. All information on their website.

**SUNDAY 25<sup>TH</sup> AUGUST IS THE MELBOURNE FEDERATION.** Entries close 11<sup>th</sup> August. All information is in our final programme together with the events which start at 9.15am and conclude at 11.30am. PLUS the information and the link to the online entry is also on our website. Once entered, could you please see the table to record your best time for the race distance, date and location where you achieved it. Just the same process that was completed prior to the events in Canberra.

**OLYMPIC GAMES - CONGRATULATIONS** to **Allanah Pitcher** (Marathon Race Walk Mixed Relay) who has been named as a travelling reserve (known as Ap athletes under Olympic Games accreditation) and will be preparing with the team. The travelling reserves can be selected as a replacement athlete onto the **Australian Olympic Team** in case of injury or other withdrawal of one of the selected athletes.

## 06/07/24 CHIPPING NORTON

### LONG 8KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Joel	Byatt	39.23	-	-
2	Brendan	Pospischil	43.17	35.06	1

### MEDIUM 6KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Jessey	Bektas	37.55	26.58	1

### SHORT 3KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Sophie	Polkinghorne	15.10	12.48	4
2	Emma	Hoskins	17.26	13.43	6
3	Erin	Cassilles	19.17	15.53	7
4	Carmel	Parker	21.01	12.57	5
5	Nicolle	Challinor	22.43	9.56	3
6	Jodie	Barakat	22.57	-	-
7	Emily	Challinor	26.52	9.55	1
7	Sarah	Challinor	26.52	9.55	1

### U/16 3KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Christopher	Nilon	16.39	13.28	1
DNF	Ashleigh	Farrugia	DNF	-	-

### U/14 3KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Nate	Appleyard	16.19	15.04	5
2	Ashleigh	Mansell	16.50	14.19	2
3	Hannah	Hewitt	17.18	14.35	3
4	Madeline	Kot	18.21	14.57	4
5	Alexander	Dennett	18.22	14.08	1
6	Bently	Luketic	19.00	-	-
7	Sagan	Jones	19.17	17.10	7
8	Mitchell	McCarthy	20.18	18.52	8
9	Georgia	Watson	20.20	-	-
10	Luca	Barakat	24.41	16.00	6

### U/12 2KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Avia	Luketic	11.12	7.56	1
2	Beth	Cochrane	11.38	9.29	4
3	Addison	Jenkins	11.56	8.48	2
4	Addison	Fahey	12.12	8.56	3
5	Emma	Olofinsky	13.08	10.08	5
6	Veronica	Dennett	13.29	10.22	6
7	Amelie	Barakat	18.42	10.35	7

### U/10 1KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Nasrin	Hewitt	7.38	5.47	3
2	Huxley	Jones	8.08	3.58	1
3	Zoe	Olofinsky	8.12	-	-
4	James	Barakat	10.07	5.00	2